

BREAKFAST

POWERHOUSE SMOOTHIE

Local Yogurt, Whey Protein, Chia & Flax Seed, Oats, Banana & Seasonal Fruit

FRESH JUICE LIST AVAILABLE

FRESH FRUIT PLATE

Assorted Seasonal Fruits

QUAKER STEEL CUT OATS

with Honey and Sliced Banana

JAMAICAN STYLE BREAKFAST

ACKEE & SALTFISH or SALT MACKEREL RUNDOWN

with Johnny Cake, Callaloo, Boiled Banana

Add Poached Egg

LOCALLY SMOKED MARLIN

With Cream Cheese, Capers, Dijonnaise, Cucumber Ribbons, Tomato, Shaved Red Onion and Bagel

FROM THE HEN HOUSE

Served with your choice of toasted Jamaican hard dough, whole wheat or bagel and breakfast potatoes

OMELET YOUR WAY

3 Eggs Whipped

Choice of 3

Sautéed Mushrooms, Spinach, Sweet Peppers, Smoked Bacon, Jerk Sausage, Tomato, Pepper Jack or Cheddar

More than 3 an additional

Egg Whites Only

OLIVE OIL BASTED LOCAL FARM EGGS

Over Corned Beef Hash with Callaloo

COUNTRY BURRITO

Stuffed with Scrambled Eggs, Black Bean Salsa & Pepper Jack Cheese with Pico De Gallo, Cilantro Crema and Corned Beef Hash

Egg Whites Only

JAMAICAN HARD DOUGH BREAD FRENCH TOAST

With Vanilla Bean Mango Compote

BELGIUM WAFFLE

With Fresh Fruit and Whipped Cream

SILVER DOLLAR PANCAKE

With Jerk Sausage and Local Honey Syrup

SIDES

JOHNNY CAKES

BOILED GREEN BANANA

BOILED YELLOW YAM

SAUTEED CALLALOO

CORNED BEEF HASH

LOCAL SMOKED BACON

JERK SAUSAGE

BANANA BREAD

HOUSE MADE RAISIN BRAN MUFFIN

*Please inform your server of any allergies you may have that are food related
The above rates are subject to 10% Government tax and 15% service charge